



# PSHCE

Personal, Social, Health  
and Citizenship Education

YEAR

7

Year 8



**Living in the Wider World**  
Developing key skills

Maths

Self-worth  
Romance and friendships  
including online  
Protected characteristics

Budgeting  
Making financial  
choices  
Careers

**Relationships**  
Building relationships

Life online  
Dangers of vaping  
Drugs  
Puberty

Science – Biology

**Health and Wellbeing**  
Health and Puberty

Healthy  
relationships  
Trust  
Anti- Bullying  
Online Safety

Respect  
Aspirations  
Digital skills

**Living in the Wider World**  
Developing skills and  
aspirations

**Relationships**  
Diversity

Respect  
Open  
Confidential  
Kind

Transition  
Resilience  
Kindness  
Empathy

Science – Biology

**Health and Wellbeing**  
Transition and Emotions

7

**Journey  
begins ...**



Develop the knowledge, skills and attributes needed to keep healthy