



THE PRIORY SCHOOL

D O R K I N G

Headteacher: Mrs J Trimnell

# Relationship and Sex Education Policy



Date last updated:	May 2025
Review cycle:	Annually
Next review date:	May 2026

## Contents page

1. Aims	Page 3
2. Statutory requirements	Page 3
3. Definition	Page 3
4. Delivery of RSE	Page 3
5. Roles and responsibilities	Page 6
6. Parents right to withdraw	Page 6
7. Training	Page 7
8. Monitoring arrangements	Page 7

# 1. Aims

The aims of relationship and education (RSE) at our school are to:

- Provide a framework in which sensitive discussions can take place
- Prepare students for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Help students develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Teach students the correct vocabulary to describe themselves and their bodies

# 2. Statutory requirements

As a secondary academy, we must provide RSE to all pupils under section 34 of the [Children and Social Work Act 2017](#).

In teaching RSE, we're required by our funding agreements to have regard to [guidance](#) issued by the secretary of state, as outlined in section 403 of the [Education Act 1996](#).

We also have regard to legal duties set out in:

- Sections 406 and 407 of the Education Act 1996
- Part 6, chapter 1 of the [Equality Act 2010](#)
- The Public Sector Equality Duty (as set out in section 149 of the Equality Act 2010). This duty requires public bodies to have due regard to the need to eliminate discrimination, advance equality of opportunity and foster good relations between different people when carrying out their activities

At The Priory School, we teach RSE as set out in this policy

# 3. Definition

RSE is about the emotional, social and cultural development of students, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

RSE involves a combination of sharing information, and exploring issues and values.

RSE is not about the promotion of sexual activity.

# 4. Delivery of RSE

RSE is taught within the personal, social, health, citizenship and economic (PSHCE) education curriculum. Biological aspects of RSE are taught within the science curriculum, and other aspects are included in religious education (RE).

Students also receive stand-alone sex education sessions delivered by a trained health professional.

Our RSE programme is an integral part of our whole school PSHCE education provision. Our RSE programme will be matched to our students' needs through using local data to inform planning of lessons. Lessons will be differentiated to ensure the curriculum is appropriate for all students. Across all key stages, students will be supported with developing the following skills:

- Communication, including how to manage changing relationships and emotions
- Recognising and assessing potential risks

- Assertiveness
- Seeking help and support when required
- Informed decision-making
- Self-respect and empathy for others
- Recognising and maximising a healthy lifestyle
- Managing conflict

These areas of learning are taught within the context of family life, taking care to make sure that there is no stigmatisation of children based on their home circumstances (families can include single parent families, LGBT parents, families headed by grandparents, adoptive parents and foster parents/carers, amongst other structures), along with reflecting sensitively that some children may have a different structure of support around them (for example, looked-after children or young carers).

We will also be mindful of the law and legal requirements, taking care not to condone or encourage illegal political activity, such as violent action against people, criminal damage to property, hate crime, terrorism or the illegal use of drugs.

RSE focuses on giving young people the information they need to help them develop healthy, nurturing relationships of all kinds including:

- Families
- Respectful relationships, including friendships
- Online and media
- Being safe
- Intimate and sexual relationships, including sexual health

Our RSE programme will be planned and delivered through fortnightly lessons for KS4 and weekly lessons for KS3 in our PSHCE programme.

The RSE programme covers the concept of equality and legislation relating to it by fostering gender and LGBT+ equality, challenging all forms of discrimination and bullying.

We will teach about these topics in a manner that:

- Considers how a diverse range of pupils will relate to them
- Is sensitive to all pupils' experiences
- During lessons, makes pupils feel:
  - Safe and supported
  - Able to engage with the key messages

We will also:

- Make sure that pupils learn about these topics in an environment that's appropriate for them, for example in:
  - A whole-class setting
  - Small groups or targeted sessions
  - 1-to-1 discussions
  - Digital formats
- Give careful consideration to the level of differentiation needed

We **will** consider whether any resources we plan to use:

- Are aligned with the teaching requirements set out in the statutory RSE guidance
- Would support pupils in applying their knowledge in different contexts and settings
- Are age-appropriate, given the age, developmental stage and background of our pupils
- Are evidence-based and contain robust facts and statistics
- Fit into our curriculum plan
- Are from credible sources
- Are compatible with effective teaching approaches

- o Are sensitive to pupils' experiences and won't provoke distress

We will make sure that an agency and any materials used are appropriate and in line with our legal duties around political impartiality.

The school remains responsible for what is said to pupils. This includes making sure that any speakers, tools and resources used don't undermine the fundamental British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs.

**We will:**

- o Make appropriate checks and engage with external agencies to make sure that their approach to teaching about RSE is balanced, and it and the resources they intend to use:
  - o Are age-appropriate
  - o Are in line with pupils' developmental stage
  - o Comply with:
    - § This policy
    - § The [Teachers' Standards](#)
    - § The [Equality Act 2010](#)
    - § The [Human Rights Act 1998](#)
    - § The [Education Act 1996](#)
- o Only work with external agencies where we have full confidence in the agency, its approach and the resources it uses
- o Make sure that any speakers and resources meet the intended outcome of the relevant part of the curriculum
- o Review any case study materials and look for feedback from other people the agency has worked with
- o Be clear on:
  - o What they're going to say
  - o Their position on the issues to be discussed
- o Ask to see in advance any materials that the agency may use
- o Know the named individuals who will be there, and follow our usual safeguarding procedures for these people
- o Conduct a basic online search and address anything that may be of concern to us, or to parents and carers
- o Check the agency's protocol for taking pictures or using any personal data they might get from a session
- o Remind teachers that they can say "no" or, in extreme cases, stop a session
- o Make sure that the teacher is in the room during any sessions with external speakers
- o Share all external materials with parents and carers

**We won't**, under any circumstances:

- o Work with external agencies that take or promote extreme political positions
- o Use materials produced by such agencies, even if the material itself is not extreme

## 5. Roles and responsibilities

### 8.1 The governing board

The governing board will approve the RSE policy, and hold the headteacher to account for its implementation.

### 8.2 The headteacher

The headteacher is responsible for ensuring that RSE is taught consistently across the school.

### 8.3 Staff

Staff are responsible for:

- Delivering RSE in a sensitive way
- Modelling positive attitudes to RSE
- Monitoring progress
- Responding to the needs of individual pupils
- Responding appropriately to pupils whose parents/carers wish them to be withdrawn from non-statutory components of RSE

Staff do not have the right to opt out of teaching RSE. Staff who have concerns about teaching RSE are encouraged to discuss this with the headteacher.

Staff teaching RSE include;

Mrs Bradley  
Mrs Lister  
Mrs Trimnell

### 8.4 Pupils

Pupils are expected to engage fully in RSE and, when discussing issues related to RSE, treat others with respect and sensitivity.

## 6. Parents' right to withdraw

Parents/carers have the right to withdraw their child from the non-statutory components of sex education within RSE up to and until 3 terms before the child turns 16. After this point, if the child wishes to receive sex education rather than being withdrawn, the school will arrange this.

Requests for withdrawal should be put in writing using the form found in Appendix 3 of this policy and addressed to the headteacher.

A copy of withdrawal requests will be placed in the pupil's educational record. The headteacher will discuss the request with parents/carers and take appropriate action.

Alternative school work will be given to pupils who are withdrawn from sex education.

## 7. Training

Staff are trained on the delivery of RSE as part of their induction and it is included in our continuing professional development calendar.

The headteacher will also invite visitors from outside the school, such as school nurses or sexual health professionals, to provide support and training to staff teaching RSE.

## 8. Monitoring arrangements

The delivery of RSE is monitored by members of the Senior Leadership Team through:

Book scrutinise  
Learning Walks  
Line Management

Pupils' development in RSE is monitored by class teachers as part of our internal assessment systems.

