



# PSHCE

Personal, Social, Health  
and Citizenship Education



## Living in the Wider World Digital literacy

Computing

- Online safety
- Content
- Risk
- Screen Time

- Gender identity and sexual orientation. Consent. 'Sexting'
- Introduction to Contraception

## Relationships Identity and relationships

- Mental health and emotional wellbeing
- Body image
- Coping strategies

Science – Biology

## Health and Wellbeing Emotional wellbeing

- Discrimination in all its forms including: racism, religion, disability, sexism, homophobia, biphobia and transphobia

- Equality of opportunity in careers and life choices
- Different types and patterns of work

## Living in the Wider World Community and Careers

## Relationships Discrimination

History  
RE

Respect  
Open  
Confidential  
Kind

- Alcohol and drug misuse
- Pressure relating to drug use

## Health and Wellbeing Drugs and Alcohol

YEAR  
8

Science – Biology

Journey  
begins ...



Develop the knowledge, skills and attributes needed to keep healthy and safe, and prepare for life and work in modern Britain.