



PSHCE

Personal, Social, Health
and Citizenship Education



YEAR

7



Year 8

Living in the Wider World
Developing key skills

Maths

- Saving
- Borrowing
- Making financial choices

- Self-worth
- Romance and friendships including online

Relationships
Building relationships

- Healthy routines
- Influences on health
- Puberty including emotional wellbeing

Science – Biology

Health and Wellbeing
Health and Puberty

- Diversity
- Prejudice
- Bullying to inc. FGM

- Careers
- Teamwork
- Aspirations

Living in the Wider World
Developing skills and aspirations

Relationships
Diversity

- Respect
- Open
- Confidential
- Kind

- Transition to secondary school
- Personal safety, Road Safety
- First aid - Recovery position; CPR; Bleeding

Science – Biology

Health and Wellbeing
Transition and Safety

7

Journey begins ...



Develop the knowledge, skills and attributes needed to keep healthy and safe, and prepare for life and work in modern Britain.