



PSHCE

Personal, Social, Health
and Citizenship Education



YEAR

11



College

Revision

- Different families and parental responsibilities
- Pregnancy, marriage and forced marriage
- Changing relationships

- Revision techniques and revision for GCSEs

Relationships
Families

- Responsible health choices
- Safety in independent contexts

- Personal values
- Assertive communication (including in relation to contraception and sexual health)
- Relationship challenges and abuse

Health and Wellbeing
Independence

- Self-efficacy
- Stress management
- Revision techniques for mocks

Science – Biology

Relationships
Communication in relationships

Health and Wellbeing
Building for the future

Science – Biology

- Respect
- Open
- Confidential
- Kind

- Application process
- Skills for further education, employment and career progression

Living in the Wider World
Next Steps

YEAR

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Develop the knowledge, skills and attributes needed to keep healthy and safe, and prepare for life and work in modern Britain.