

Y7 - Physical Education KS3



Physical Me

Students to learn core skills to implement in activities



Social Me

Establish different methods to communicate



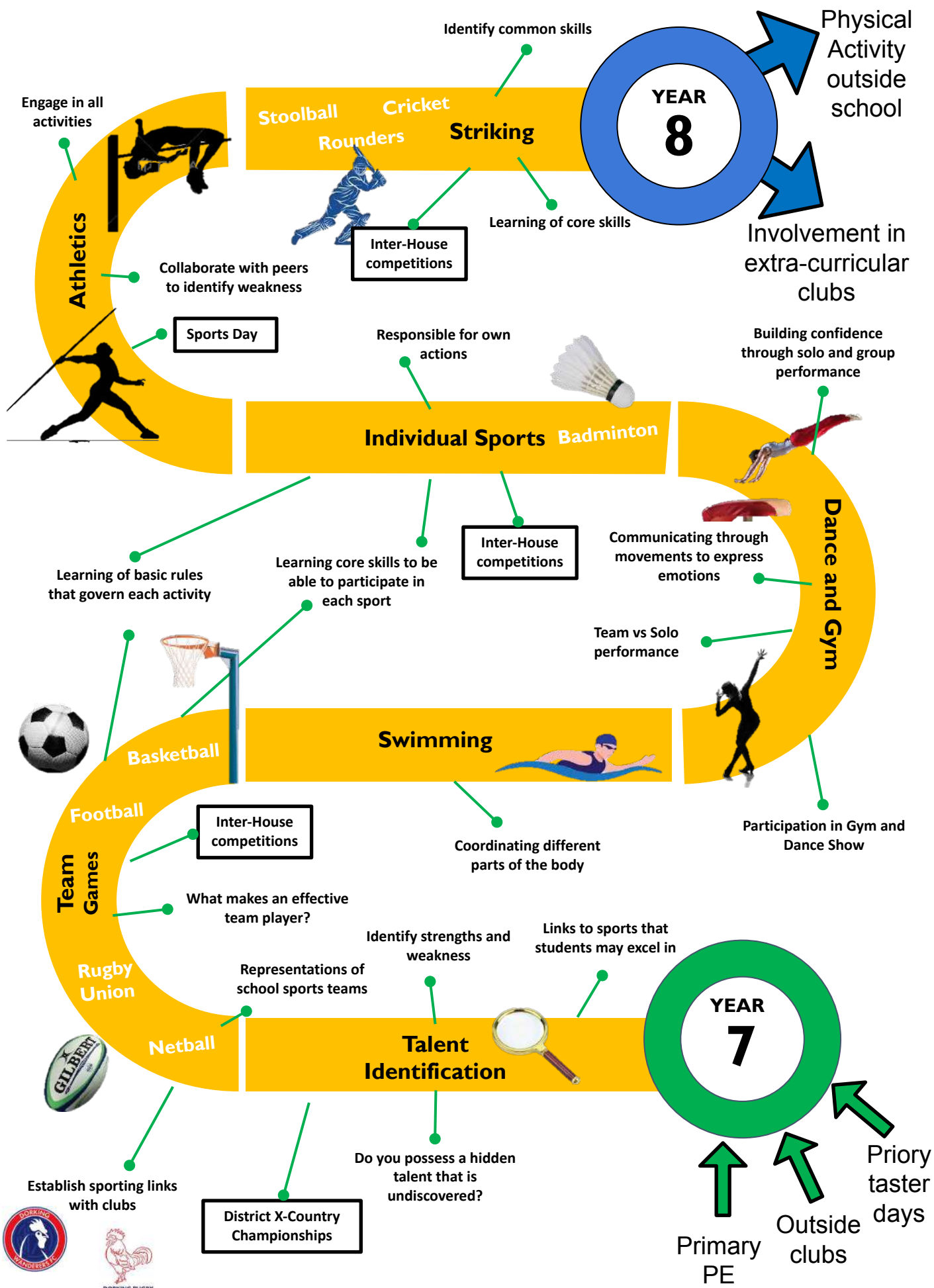
Mindset Me

Be self motivated and independent to achieve



Thinking Me

Identify weaknesses and suggest improvements



Y8 - Physical Education KS3



Physical Me

Students apply the core skills from Yr. 7 into demanding situations with control and fluency



Social Me

Build on teamwork and leadership skills to complete a shared goal



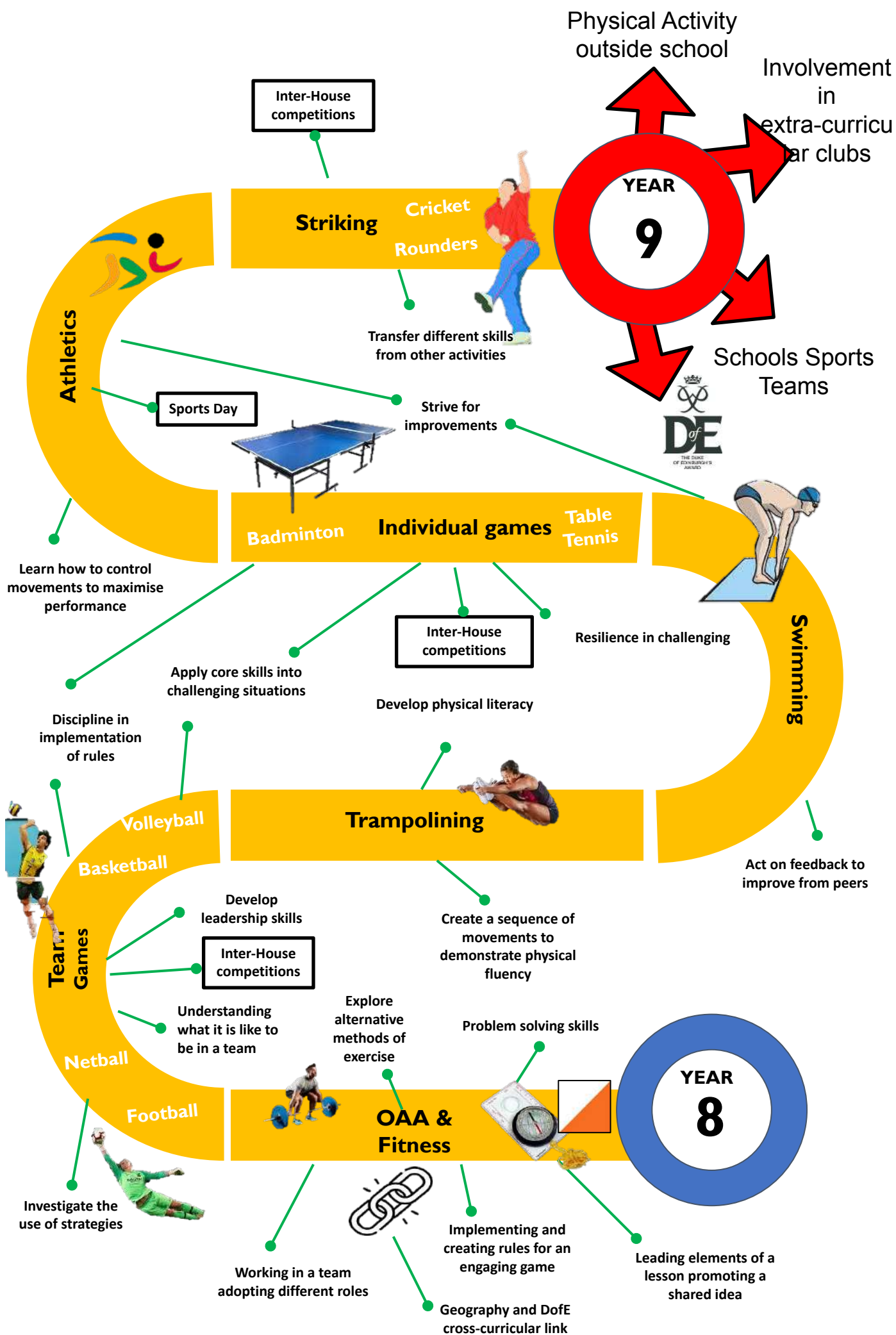
Mindset Me

Play with honesty and integrity to promote fair play



Thinking Me

Make decisions on when to apply skills and solve problems



Y9 - Physical Education KS3



Physical Me

Students to develop skills in competitive game situations applying skills effectively



Social Me

Effectively contribute to performance and feedback. Encourage others



Mindset Me

Win with dignity and grace and develop respect for performances of others



Thinking Me

Consider how different activities benefit one another. Develop cross sporting links

