

PSHCE KS4

At KS 4 students have weekly PSHCE lessons (set one science have PSHCE fortnightly)

	AUTUMN TERM	SPRING TERM	SUMMER TERM
Year 10	<ul style="list-style-type: none"> • KS4 introduction • Mental Health <ul style="list-style-type: none"> ○ Resilience ○ Reframing failure ○ Self-harm ○ Eating disorders ○ Depression • RSE: young parenting issues <ul style="list-style-type: none"> ○ Parenting ○ Education ○ Emotions ○ Social life ○ Health in pregnancy ○ Preparing for baby ○ Brining up baby 	<ul style="list-style-type: none"> • Finance <ul style="list-style-type: none"> ○ Consumerism ○ Ethical consumerism ○ Charities ○ Managing money ○ Insurance ○ Fraud ○ Gambling – including online gaming • Health <ul style="list-style-type: none"> ○ Keeping safe ○ Effects of drugs ○ Alcohol including units and measures 	<ul style="list-style-type: none"> • Health <ul style="list-style-type: none"> ○ RSE – positive relationships ○ RSE – consent ○ RSE – alcohol ○ RSE – consequences <p>School nurse – RSE lessons</p> <ul style="list-style-type: none"> • Revision <ul style="list-style-type: none"> ○ Techniques to help with summer mock exams
Year 11	<ul style="list-style-type: none"> • Economic: <ul style="list-style-type: none"> ○ CVs, Application Forms, Interviews ○ Preparing for next step in education and the interview day • Revision techniques 	<ul style="list-style-type: none"> • Economic wellbeing <ul style="list-style-type: none"> ○ Student finance ○ Personal finance - Managing budgets ○ Personal finance – credit cards ○ Pay slips – NI, Tax, Pensions • Health: <ul style="list-style-type: none"> ○ keeping safe – first aid ○ Stress ○ <p>School Nurse talk on gender specific cancer Samaritans – mental health and exam stress NCS The Challenge – citizenship</p>	<ul style="list-style-type: none"> • Revision techniques – to help with the GCSEs and time to revise

