

PSHCE KS3

At KS3 students have 3 drop down days throughout the year and once a week during tutor time

	AUTUMN TERM	SPRING TERM	SUMMER TERM
Year 7	<ul style="list-style-type: none"> Settling into secondary school Making right choices (intro to school nurse) CEOP – internet safety Setting Goals Revision techniques (to help with core tests) 	<ul style="list-style-type: none"> Different types: Home/School; Cyber; Girls/Boys Internet safety – Brecks Last Game Mental Health Resilience 	<ul style="list-style-type: none"> First Aid – What is First Aid and Recovery Position/CPR Puberty – Physical Puberty – Emotional
Year 8	<ul style="list-style-type: none"> Discrimination: Homophobia Personal Safety Young Carers CEOP (Internet Safety) Revision (to help with core tests) 	<ul style="list-style-type: none"> RSE – first relationships RSE – Expect Respect RSE - Relationships Self Esteem Decisions Brisihness Cultures Prejudice/Discrimination e.g. homophobia, ageism, gender Bereavement 	<ul style="list-style-type: none"> Health – Smoking – Statistics Health – Smoking – Cost of Smoking Health – Alcohol First Aid – Humanitarian Relationships Citizenship – law and politics Careers
Year 9	<ul style="list-style-type: none"> CEOP – Online Safety Mental Health – Resilience, stress Mental Health – Wellbeing, being healthy Mental health – Self-harm, emotions First Aid – Restart a heart 	<ul style="list-style-type: none"> Anti-Social behavior Personal Safety Careers – GCSE options Revision techniques (to help with core, MFL and humanities exams) Economy – bank accounts/budgeting Loans including loan sharks 	<ul style="list-style-type: none"> Health – Smoking – effects Health – Smoking - media Health – RSE: law Health – Drugs – general Citizenship – Anti-social behavior Human Rights